

ShootATHon Day: 1/6/18 or 1/13/18

Preparation:

- Clip Board
- ShootATHon Team Scoring sheet for your team: write in names of all players
- Pen
- 5 basketballs (minimum)
- Stopwatch

Instructions

- Instruct each player they will have 1" minute to make as many shots as they can from a designated spot based on grade. The rest of the team will rebound and hand balls to the shooter. The shooter should be shooting nearly continuously during that minute.
 - 2nd through 4th grade: bottom circle of the Free throw line (approximate half the distance of a free throw if no bottom circle)
 - 5th through 6th grade: free throw line
 - 7th-8th: top of the key
- To start, the shooter should have a ball at the designated position. The other players form a rebounding line and should line up on the shooting hand side of the shooter (e.g. right handed shooter, players line up just to the right of the player). The first player in line should not have a ball, but be ready to rebound the first shot attempted by the shooter. All of the other players in line should have a basketball and be ready to hand the shooter a ball, and as soon as the player shoots, rebound the ball, then run back into line (the idea is to create a human ball rack such that the shooter is shooting continuously for that one minute)
- An adult should record the shot attempts, shots made. Assign 5 shots if player made less than 5 shots using the WPC ShootATHon Scoring Sheet.
- Team Parent will submit WPC ShootATHon Scoring Sheet (take a photo and email or scan and email) to both our PledgeStar administrator AND WPC Sports Committee:
 - generaluse4you@gmail.com (PledgeStar)
 - wsm.committee@gmail.com (WPC Sports Committee)